October 2022

Independent Living Center of Kern County

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	AA					

Join Zoom Meeting https://us02web.zoom.us/j/2566548249

Meeting ID: 256 654 8249

Independent Living Skills

Managing Your Finances | Wednesday, October 12th | 2:00 PM - 3:00 PM

Team Advocacy

The Importance of Voting | Monday, October 17th | 2:30 PM - 3:30 PM

Informal Peer Support

Hidden Disabilities | Wednesday, October 26th | 2:00 PM - 3:00 PM

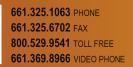
Halloween

October 31st | All Day

















November 2022

Independent Living Center of Kern County

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23		25	26
27	28	29	30			

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*Social Night (in-person class)

Paint Night / Distribute Alta One Bank | Wednesday, November 9th | 2:00 PM - 5:00 PM * Must RSVP for the Paint Night. Please call: 661-325-1063

Informal Peer Support

Wednesday, November 9th | 2:00 PM - 3:00 PM

Team Advocacy

Effective Communication | Monday, November 21st | 2:30 PM - 3:30 PM

Independent Living Skills

How to open up a bank account | Wednesday, November 23rd | 2:00 PM - 3:00 PM

The office will be closed on November 24th and 25th for the holidays.















December 2022

Independent Living Center of Kern County

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	
	26	27	28	29	30	31

Join Zoom Meeting https://us02web.zoom.us/j/2566548249

Meeting ID: 256 654 8249

Independent Living Skills

How to Build a Budget | Wednesday, December 14th | 2:00 PM - 3:00 PM

Team Advocacy

How to Become a Self-advocate | Monday, December 19th | 2:30 PM - 3:30 PM

Informal Peer Support

Celebrity Disabilities | Wednesday, December 28th | 2:00 PM - 3:00 PM

The office will be closed from December 23rd - 26th for the holidays.



5251 Office Park Drive Suite 200 Bakersfield, CA 93309



661.325.1063 PHONE 661.325.6702 FAX 800.529.9541 TOLL FREE **661.369.8966** VIDEO PHONE







