



April 2023

Independent Living
Center of Kern County

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Independent Living Skills | Social Paint Event

Wednesday, April 12th | 2:00 PM - 5:00 PM

Team Advocacy | Social Night: Movie

Monday, April 17th | 2:30 PM - 5:00 PM

Informal Peer Support | Decision-Making Skills

Wednesday, April 26th | 2:00 PM - 3:00 PM



Social Paint Night on April 12th

RSVP by calling (661) 325-1063



256 654 8249 **Zoom ID**

+1 669 900 9128 **US Dial-In**

Join by scanning the QR code!

Office 5251 Office Park Drive, Suite 200, Bakersfield, CA 93309

Hybrid classes are offered!

Zoom address link:

<https://us02web.zoom.us/j/2566548249>



May 2023

Independent Living
Center of Kern County

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Independent Living Skills | Helpful PDF Tips & Tricks

Wednesday, May 10th | 2:00 PM - 3:00 PM

Team Advocacy | ADA and What it Means to Me

Monday, May 15th | 2:30 PM - 3:30 PM

Informal Peer Support | Stress & Emotional Health

Wednesday, May 24th | 2:00 PM - 3:00 PM

MEMORIAL DAY | Monday, May 29th

Office will be closed in observance of Memorial Day

Monday, May 29th

***Our office will be
closed in observance
of Memorial Day***

★ ★ ★
MEMORIAL DAY
★ ★ ★



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June 2023

Independent Living Center of Kern County

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Independent Living Skills | E-mail Tips & Tricks

Wednesday, June 14th | 2:00 PM - 3:00 PM

Team Advocacy | Spotlight Session

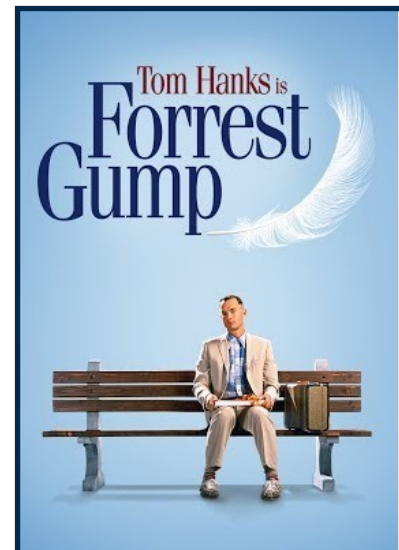
Monday, June 19th | 2:30 PM - 3:30 PM

Informal Peer Support | Social Night: Movie

Wednesday, June 28th | 2:00 PM

Social Night on June 28th

Movie: Forest Gump



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Plan in advance - take a look ahead!

JULY 2023

Su	M	T	W	T	F	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOTES

07/04 - Independence Day

07/26 - 33rd Annual ADA Anniversary!

NOTES

AUGUST 2023

Su	M	T	W	T	F	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOTES

09/04 - Labor Day

SEPTEMBER 2023

Su	M	T	W	T	F	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30